

NATURE AND ME

A LEARNING BOOK WITH ACTIVITIES

For

little hands and lively minds

Theme -2



Name _____
Class _____ Session _____

Contents

Lady finger printing.....	1
Free Hand Scribble.....	2
Healthy or Junk Food.....	3
Food-Healthy Food.....	4
Sparkling Smile	5
Power of vegetables.....	6
A Rainbow of vegetables.....	7
Vegetables	8-9
Sweet Peas Yummy peas.....	10
Fruit Power.....	11
Fruits.....	12
Finger Printing.....	13
I Taste with my Tongue	14
Pet Shop.....	15-16
My Pets	17
Take me around the farm.....	18
What do I give you.....	19
Farm animals and their young ones.....	20
Wild animals.....	21-23
Water world.....	24-26
Number fun-Story Time.....	27-28
Colours- green & blue.....	29-34
Our National flag.....	35
Fun with Shapes: Square.....	36-38
Numbers.....	39-52
Concept of Zero.....	53-54
Alphabet.....	55-85

Date

HEALTHY OR JUNK FOOD

CW/HW



SOUP



BURGER



CHAPATI

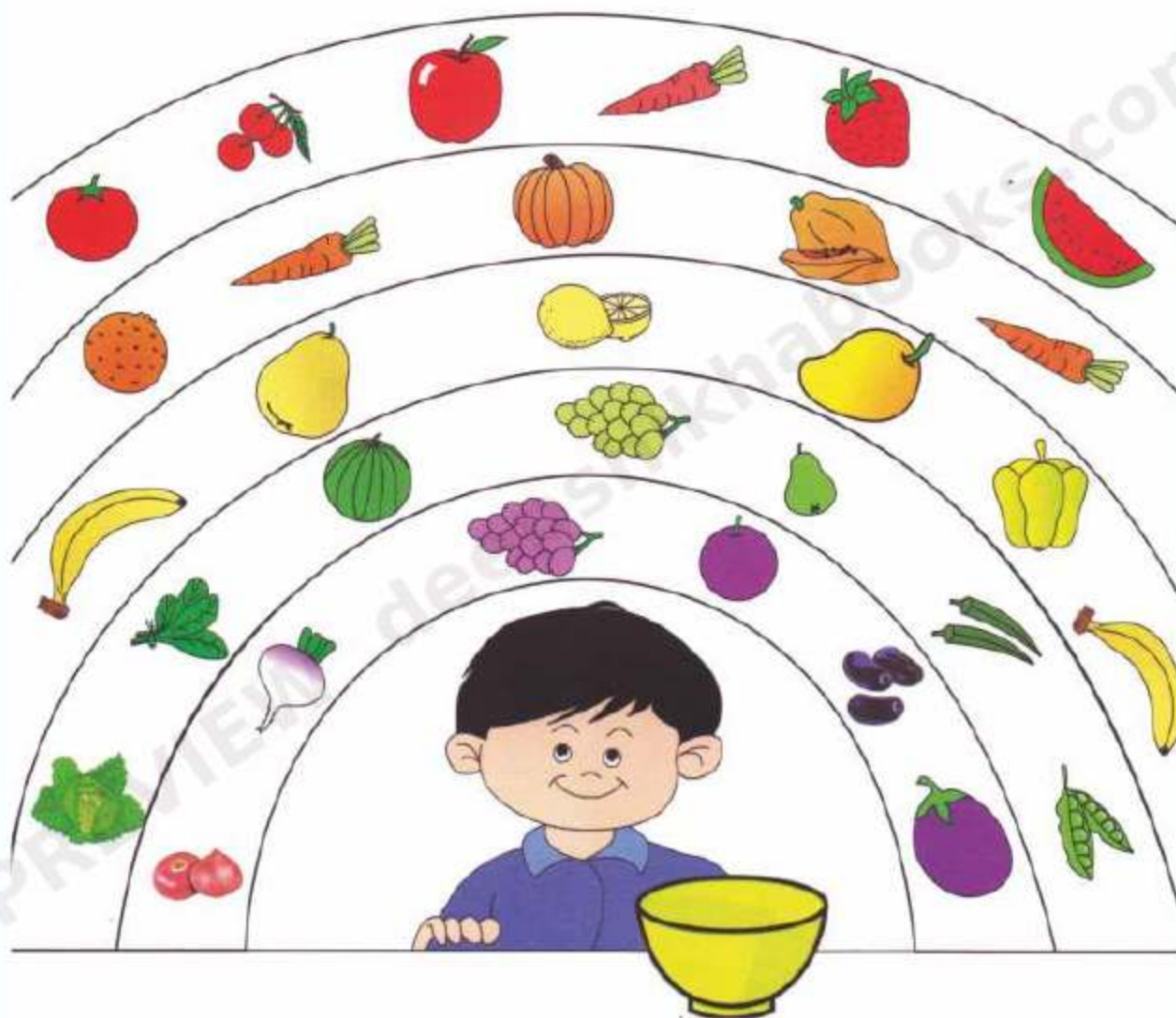


FRENCH FRIES

Note for the teacher : Discuss the importance of including fruits, vegetables, pulses and dairy products in our diet. Also talk about the difference between healthy and junk food.

Date **A RAINBOW OF VEGETABLES** CW/HW

Green vegetables and fresh clean fruits,
Carrot, tomatoes and apple juice,
Mummy says, "eat them all",
It makes us healthy, strong and tall.



Note for the teacher : Discuss the colours of the rainbow and help the children identify fruits and vegetables of different colour.

Date

FRUIT POWER

CW/HW

Fruits on tree

Apples on a tree,
pick one, pick two 1, 2, 3.

Litchi on a tree,
pick one, pick two 1, 2, 3.

Guavas on a tree,
pick one, pick two 1, 2, 3



APPLE



ORANGE



POMEGRANATE



WATER MELON



STRAWBERRY



MANGO



CHERRY

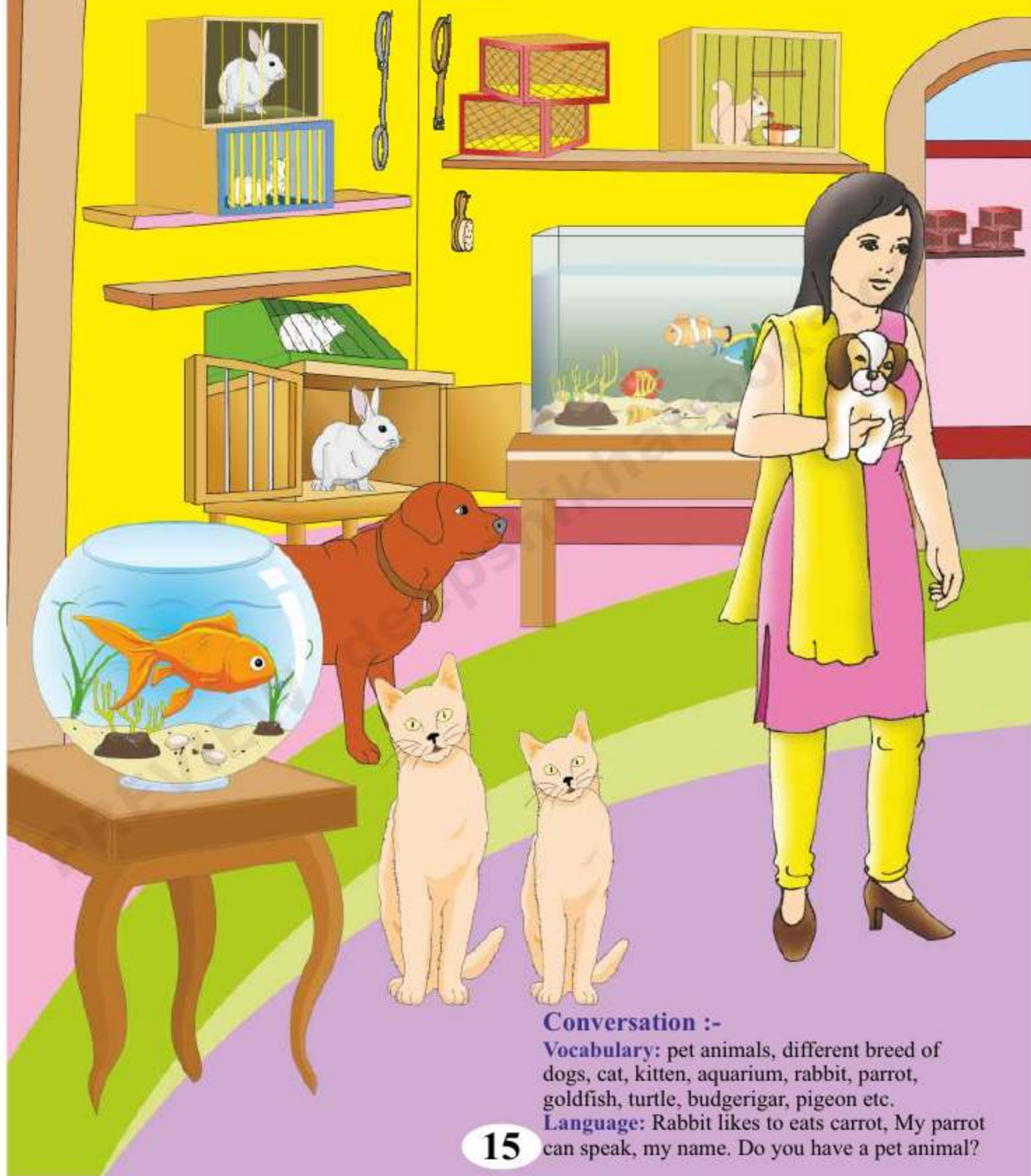


GRAPES



BANANA

Note for the teacher : Discuss the different types of fruits and discuss their individual characteristics. Also lay emphasis on the importance of eating fruits.



Conversation :-

Vocabulary: pet animals, different breed of dogs, cat, kitten, aquarium, rabbit, parrot, goldfish, turtle, budgerigar, pigeon etc.

Language: Rabbit likes to eat carrot, My parrot can speak, my name. Do you have a pet animal?

Date

FARM ANIMALS AND THEIR YOUNG ONES

CW/HW



SHEEP

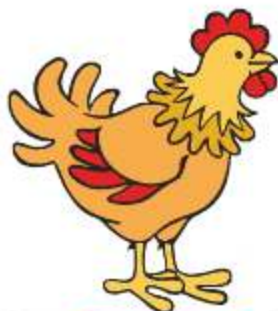


LAMB



DOG

PUP



HEN



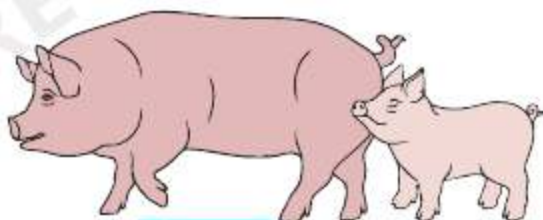
CHICK



CAT



KITTEN



PIG

PIGLET



HORSE

COLT

Note for the teacher: Talk about the farm animals, their babies and sounds.



RHINOCEROS



HIPPOPOTAMUS



LEOPARD



KANGAROO



ZEBRA



STAG



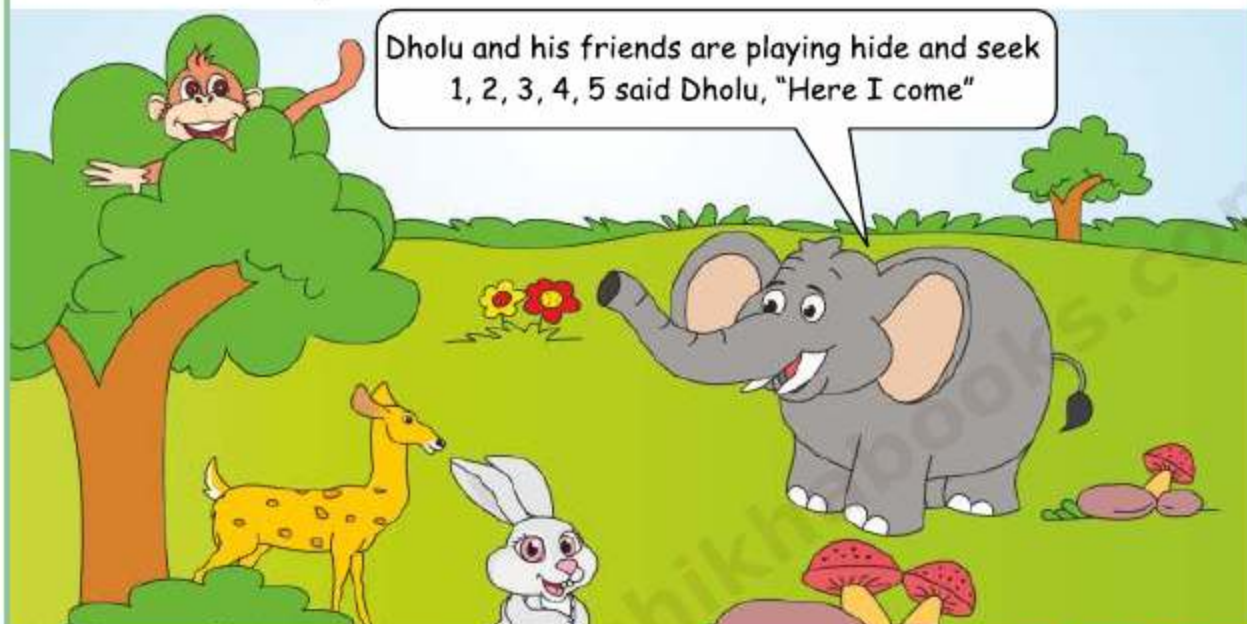
CROCODILE

Date

NUMBER FUN STORY TIME

CW/HW

Where are my friends?



Count the number of animals who are playing hide and seek

2 4

Dholu looked behind a bush and said, "Here you are, rabbit".



Count the number of flowers in the bush where the rabbit was hiding and circle the correct number

3 5

Date

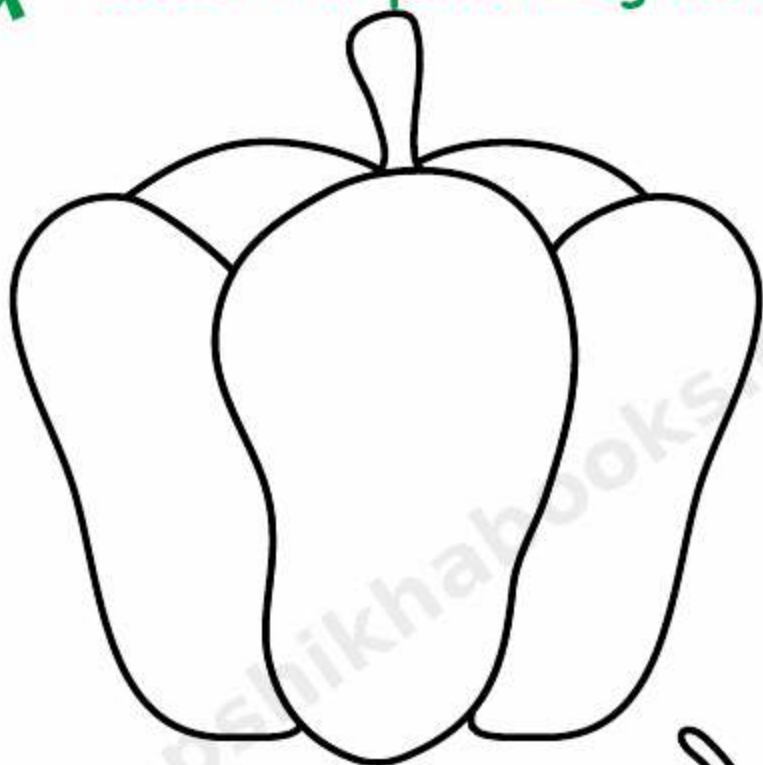
Green

CW/HW

CAPSICUM

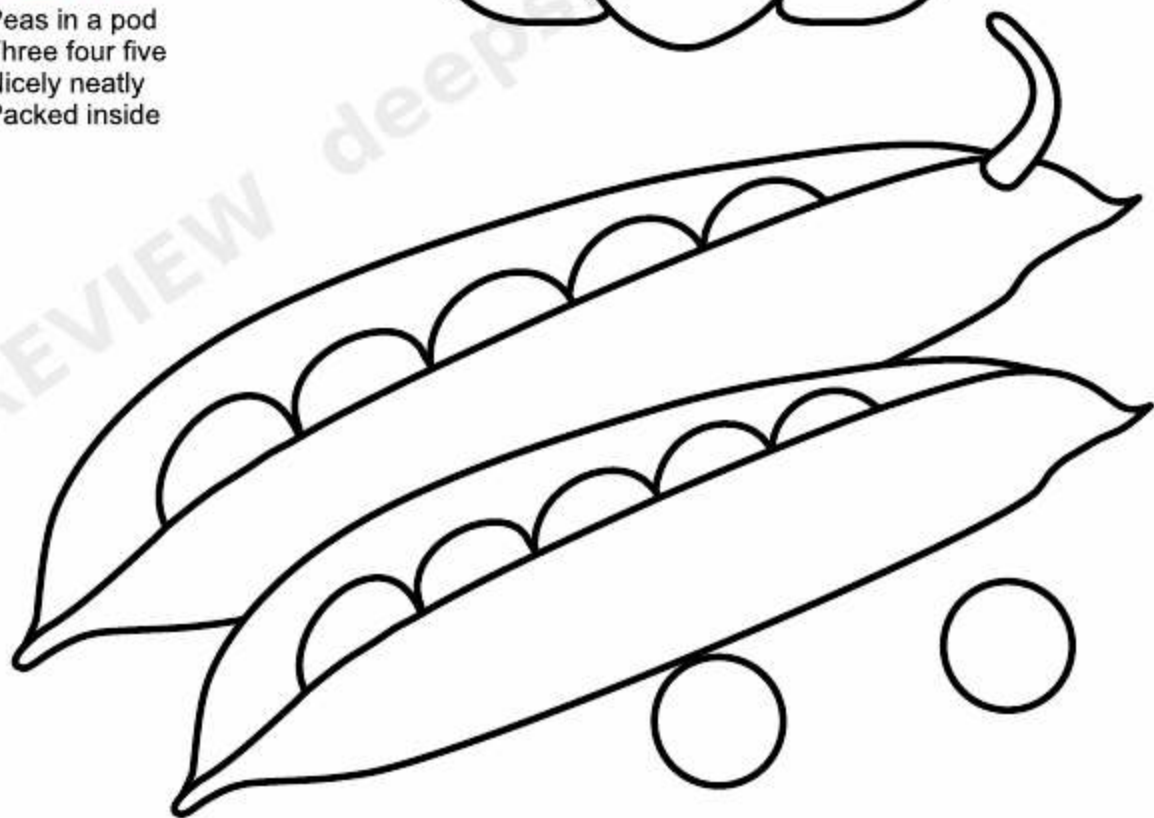
Colour the pictures green.

Green capsicum
Full of seeds
Stuck inside
Like tiny beads



PEAS

Peas in a pod
Three four five
Nicely neatly
Packed inside

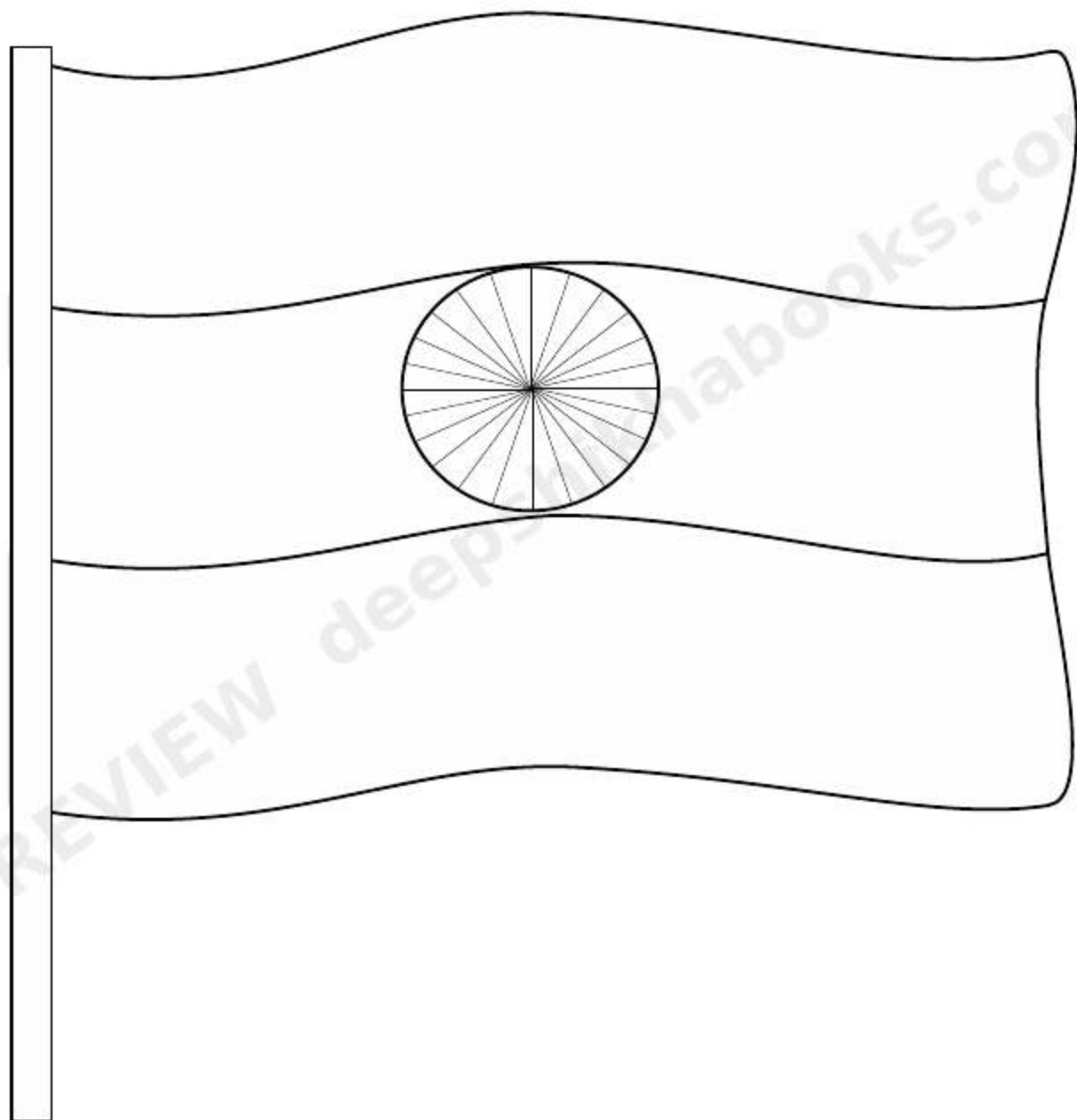


Date

OUR NATIONAL FLAG

CW/HW

Decorate the Indian Flag with coloured paper



Date

NUMBER FUN

CW/HW

Count and circle the correct number



How many?



3	5
---	---

4	6
---	---



1	4
---	---

3	2
---	---

4	2
---	---

L



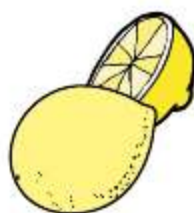
LION



LAMP



LOCK



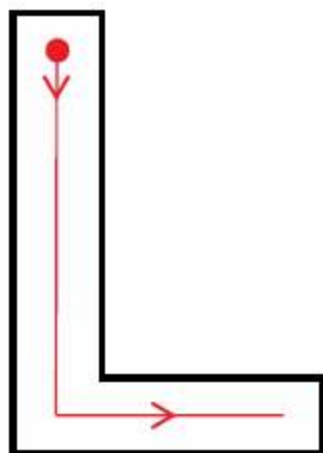
LEMON



LOG

Date

CW/HW



First trace the Letter with
Finger then colour it blue.

Colour the hidden letter L blue
and paste icecream sticks to make
the arms of the ladder

